

# Christmas Food

*On Christmas Day everyone enjoys Christmas lunch.*

*Most people eat turkey as it is very traditional. Some people eat goose instead.*



*With the turkey, most people eat roast potatoes, sprouts, carrots, peas, cranberry sauce, stuffing and gravy. Other possible foods include bread sauce and sausage wrapped in bacon.*



sprouts



cranberry sauce



stuffing

*After all this delicious food, we eat our dessert. The most traditional Christmas dessert is Christmas pudding!*



*Christmas pudding is made a few months before Christmas Day. It is made of dried fruits and is usually served with brandy sauce or custard. Sometimes people pour brandy over the pudding and set fire to it!*

*Another Christmas favourite is the mince pie - best served warm with mulled wine!*



*For those with a sweet tooth, a chocolate Yule log is the best option! We decorate these with holly and other fun decorations.*

*Before the meal starts, people pull crackers. Crackers are brightly coloured tubes which contain a paper hat (which looks like a crown), a toy and a joke.*



*Families eat their Christmas dinner at different times: some at about one o'clock, others after the Queen's speech at 3 o'clock, and others in the evening.*

*After all this rich food, we all have to eat 'leftovers' for days! Turkey sandwiches are very popular and mince pies and Christmas cake are served to any visitors and guests.*

